# Wheel Like A Girl

The Camping Comprehensive Packing List by Ali Segovia

#### Sleep

- ◊ Tent
- Air Mattress or other sleeping pad
- ♦ Sleeping Bag or Blankets/Sheets
- Sattery Powered Air Pump (to inflate the air mattress)
- ♦ Pillow

# Personal Items & Hygiene

- ♦ Baby Wipes!
- ◊ Toothbrush & Toothpaste
- ♦ Mouthwash
- ♦ Body Wash/Soap
- Shampoo and Conditioner
- ♦ Toilet Paper
- ♦ Laundry Bag
- ♦ Hairbrush
- Medications

### Clothes

- ♦ Daytime clothes
- ♦ Hiking or other comfortable walking shoes
- ♦ Swimwear
- ♦ Pajamas
- ♦ Shower shoes
- (don't go barefoot in public showers)
- ◊ Extra socks! Always bring extra socks.

# Kítchen

- Stove/grill & propane gas to fuel it (some may use a fuel type other than propane gas)
- ♦ Butter (to cook with)
- ♦ Aluminum Foil
- ♦ Lighter
- ♦ Pot and pan
- ◊ Spatula, tongs, cooking spoon
- ♦ Knife
- ♦ Plastic cutlery for eating
- ♦ Paper Towels
- ♦ Sponge and soap
- ♦ Trash bag
- ♦ Cooler(s) with ice
- Ziploc bags or other food containers
- ♦ Firewood (if fires are allowed)
- S'mores Ingredients
  (graham crackers, marshmallows, chocolate)

#### Other Items

- ♦ Plenty of Water!
- ♦ Hammock
- ♦ Flashlight or Lantern
- ♦ Camping Chair
- ♦ Hat
- ♦ Sunglasses
- ♦ Chapstick
- ♦ Sunscreen
- ♦ Bug Spray
- ♦ Board Games
- ♦ Camera